

**Call today to
schedule your
appointment**

330-812-3816

Visit us online at
www.scph.org
where you can find a
complete list of
services and fees.

*Sliding fee scale available for those
without insurance with proof of
income and household size*

We accept:

Medicaid and Medicaid HMOs:



Private Insurance Plans:



Other dental plans accepted - ask us!

**DENTAL
SERVICES**

**Summit County
Public Health**

1867 West Market Street
Akron, Ohio 44313
www.scph.org

Summit County Public Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Spanish:
ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-311-1232.

Nepali:
ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्न भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ। फोन गर्नुहोस् 1-800-311-1232

**SUMMIT
COUNTY
PUBLIC
HEALTH**



Services

- Dental exams
- Diagnostic x-rays
- Cleanings
- Fillings
- Extractions
- Sealants
- Fluoride treatments
- Crowns
- Dentures
- Partials
- Related dental services
- Referrals



Appointment Line
330-812-3816



Did You Know...

- A baby's gums should be cleaned with a clean, damp washcloth after feeding
- When the first tooth comes in, start using a very soft toothbrush with a small dab of fluoride toothpaste
- Putting the baby to sleep with a bottle filled with formula, juice, or sugary drinks causes cavities
- The first dental check-up should occur by the baby's first birthday

Visit us online at
www.scph.org



Dental services are available for all ages!



Healthy Gums = Healthy Body



This institution is an equal opportunity provider.

Emergency first aid for a suspected opioid overdose:

If a person is exhibiting symptoms of an opioid overdose, these following life-saving measures should be taken immediately:

1) Check to see if they can respond

- Give them a light shake, yell their name. Any response?
- If you don't get a response, try a STERNUM RUB (rub your knuckles in the middle of their chest where the ribs meet for 10 seconds).

2) Call 9-1-1

You do not need to mention drugs when you call - provide basic information:

- Give the address and location.
- Say "I have a person who has stopped breathing and is unresponsive".

3) Perform Rescue Breathing

- Make sure nothing is in their mouth.
- Tilt head back, lift chin & pinch nose.
- Start by giving two breaths making sure the chest rises.
- If the chest does not rise, tilt the head back more and make sure you are plugging their nose.

4) Give Naloxone

- Assemble the nasal spray Naloxone.
- Spray half (1 ml) up one nostril, half up the other.
- Continue rescue breathing, one breath every 5 seconds, while waiting for the Naloxone to take effect.
- Give a second dose of Naloxone if there is no response in 2-5 minutes.

5) After Naloxone

- Continue to monitor their respirations and perform rescue breathing if respirations are below 10 breaths a minute.
- Stay with them until help arrives. The Naloxone may wear off and the victim could start to overdose again.

What is Project DAWN?

Project DAWN is a community-based drug overdose prevention and education project. Participants receive training on:

- Recognizing the signs and symptoms of overdose
- Distinguishing between different types of overdose
- Performing rescue breathing
- Calling emergency medical services
- Administering intranasal Naloxone

Project DAWN is named in memory of Leslie Dawn Cooper, who struggled with addiction for years before dying of a witnessed opioid overdose on October 3, 2009.

Project DAWN is an initiative of the Summit County Opiate Task Force and is funded in part by the County of Summit Alcohol, Drug Addiction and Mental Health (ADM) Services Board



Summit County Public Health
1867 West Market Street
Akron, Ohio 44313
(330) 375-2984
www.scphoh.org

WALK-IN HOURS:

Tuesdays (every hour) from 3pm - 6pm

THIS IS A FREE SERVICE TO ALL RESIDENTS OF SUMMIT COUNTY

SUMMIT COUNTY PUBLIC HEALTH



Deaths
Avoided
With
Naloxone



A community-based
drug overdose
prevention and
education project

Phone: (330) 375-2984

What is Naloxone?

Naloxone (also known as Narcan) is a medication that can reverse an overdose that is caused by an opioid drug. When administered during an overdose, Naloxone blocks the effects of opioids on the brain and restores breathing within two to eight minutes.



Naloxone has been used safely by emergency medical professionals for more than 40 years and has only one function: to reverse the effects of opioids on the brain and respiratory system in order to prevent death. Naloxone has no potential for abuse.

If Naloxone is given to a person who is not experiencing an opioid overdose, it is harmless. If naloxone is administered to a person who is dependent on opioids, it will produce withdrawal symptoms. Withdrawal, although uncomfortable, is not life-threatening.

Naloxone **does not** reverse overdoses that are caused by non-opioid drugs, such as cocaine, benzodiazepines (e.g. Xanax, Klonopin and Valium), methamphetamines, or alcohol.

What are some common opioids?

Opioids include both heroin and prescription pain medications. Some common opioid pain medications include: hydrocodone (**Lorcet** and **Vicodin**), oxycodone (**Percocet**), long acting opioids (**Oxycontin**, **MS Contin**, **Methadone**), and patches (**Fentanyl**). Other brand name opioid pain medications include **Opana ER**, **Avinza** and **Kadian**.

How do I know if someone is overdosing?

A person who is experiencing an overdose may have the following symptoms:

- breathing is slow and shallow (less than 10 breaths per minute) or has stopped;
- vomiting;
- face is pale and clammy;
- blue or grayish lips and fingernails;
- slow, erratic, or no pulse;
- choking or loud snoring noises;
- will not respond to shaking or sternum rub;
- skin may turn gray, blue, or ashen.

An overdose is a medical emergency! Call 9-1-1 immediately and begin first aid.

What are the risk factors for an opioid overdose?

Mixing Drugs

Many overdoses occur when people mix heroin or prescription opioids with alcohol, benzodiazepines, or anti-depressants. Alcohol and benzodiazepines (such as Xanax, Klonopin and Valium) are particularly dangerous because, like opioids, these substances impact an individual's ability to breathe.

Lowered Tolerance

Tolerance is your body's ability to process a drug. Tolerance changes over time so that you may need more of a drug to feel its effects. However, tolerance can decrease rapidly when someone has taken a break from using a substance whether intentionally (in treatment) or unintentionally (in jail or the hospital). Taking opioids after a period of not using can increase the risk of a fatal overdose.

Health Problems

Your physical health impacts your body's ability to manage opioids. Since opioids can impair your ability to breathe, if you have asthma or other breathing problems you are at higher risk for an overdose. Individuals with liver or kidney disease or dysfunction, heart disease or HIV/AIDS are also at an increased risk of an overdose.

Previous Overdose

A person who has experienced a nonfatal overdose in the past, has an increased risk of a fatal overdose in the future.

Working with Summit County Outreach Specialists, clients and their families will have the opportunity to connect with services and resources that meet their needs.



To reach the Care Coordination Unit, please call

(330) 926-5660

CARE COORDINATION

Help Getting Help



Summit County Public Health complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.

Spanish

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For more information on the Summit County Public Health Care Coordination Unit, please contact (330) 926-5660

CARE COORDINATION
Help Getting Help

0512/1114/0516/1016

SUMMIT COUNTY PUBLIC HEALTH



What is Care Coordination?

The Summit County Public Health Care Coordination Unit was created to help Summit County residents connect with community services that are available to them and to assist residents through the process of getting the help they need.

There is no charge for this service, and it can help individuals and families work their way through the sometimes-confusing steps toward meeting their needs.

What is an Outreach Specialist?

The Care Coordination Unit is staffed with Outreach Specialists who are knowledgeable about the resources that are available in the community and can help link clients with the appropriate services by making phone calls and assisting with applications.



What Kind of Things Can Clients Get Help With?

Our Outreach Specialists will work to assist clients with:

- Health care access
- Medication assistance
- Transportation
- Housing
- Counseling
- Dental care
- Food assistance
- Utility assistance
- Vision and hearing needs

Hours of Operation

**Monday - Friday
8:00am-4:00pm**

330-926-5660



This institution is an equal opportunity provider.

EMERGENCY SUPPLY KIT

Prepare for emergencies or disaster by making your own individual/family emergency supply kit. Each kit should meet your basic needs for at least 3 days.

Be sure to include:

- ◆ Water (1 gallon per person per day)
- ◆ Non-perishable food
- ◆ Battery-powered radio/extra batteries
- ◆ Flashlight/extra batteries
- ◆ First aid kit
- ◆ Whistle (to signal for help)
- ◆ Dust mask
- ◆ Moist towelettes, garbage bags and plastic ties (for personal sanitation)
- ◆ Wrench or pliers (to turn off utilities if necessary)
- ◆ Can opener
- ◆ Local maps
- ◆ Prescription medication and glasses
- ◆ Infant, pet and/or elderly needs
- ◆ Important family documents
- ◆ Cash and change



WE NEED YOU!

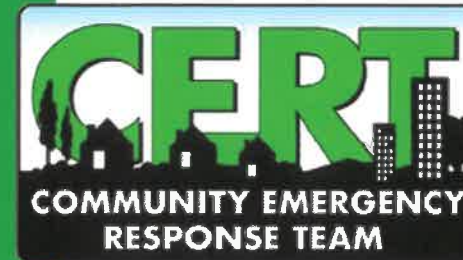
Who Should Take CERT Training?

- ◆ People interested in taking an active role in hometown preparedness
- ◆ Neighborhood Watch groups
- ◆ Community leaders
- ◆ Parents
- ◆ Faith-based communities
- ◆ Scouting and youth organizations
- ◆ Students, teachers and administrators
- ◆ Members of clubs and civic organizations

Volunteers Make the Difference

Call (330) 926-5774 for more information

Summit County Community Emergency Response Team



*Volunteer Teams
Supporting
Emergency Responders*



WHAT IS CERT?

CERT is a training program that prepares you to help yourself, your family and your neighbors in the event of a disaster. By getting trained in CERT, you will have the skills to help emergency responders save lives and protect property.

As a member of a CERT team, you can help during disasters, participate in drills and exercises, and take additional training. CERT teams are known and trusted resources to emergency responders and their communities.



WHAT DO CERT TEAMS DO IN AN EMERGENCY?

Under the direction of local emergency responders, CERT teams help provide critical support by giving immediate assistance to victims, providing damage assessment information, and helping organize other volunteers at a disaster site.

Volunteers trained in CERT also offer a potential workforce for performing duties such as shelter support, crowd control and evacuation.

HOW DOES CERT HELP THE COMMUNITY?

In addition to supporting emergency responders during a disaster, the CERT program builds strong working relationships between emergency responders and the people they serve.

CERT teams may also help with community emergency plans, neighborhood exercises, preparedness outreach, fire safety education and workplace safety.



CERT training takes 16 hours to complete and provides critical skills in emergency preparedness and response.

For more information, please contact

MARLENE MARTIN
at

(330) 926-5774
mmartin@schd.org





Yes! I would like more information about the Summit County Medical Reserve Corps.

Name _____

Address _____

Phone _____

E-mail _____

I prefer to be contacted by:

- Mail
- Phone
- E-Mail

I am a:

- Physician
- Nurse
- Pharmacist
- Mental Health Professional
- Emergency Medical Technician
- Admin/Support Staff
- Other _____

All information will be kept confidential.

Please mail this form to:
SUMMIT COUNTY HEALTH DISTRICT
ATTN: MARLENE MARTIN, MRC COORDINATOR
1100 GRAHAM ROAD CIRCLE
STOW, OHIO 44224



Your local health district is working with national, state and local governments as well as civic agencies to develop and coordinate disaster response to a variety of different hazards and disasters.

WE NEED YOU!

Volunteers are needed to provide assistance and expertise to our response teams.

We are looking for:

Licensed Medical Professionals and Others with Medical Experience

including nurses, doctors, pharmacists, EMTs, veterinarians, dentists, PTs, nursing assistants, phlebotomists, lab techs, and others.

Mental Health Professionals

including counselors, social workers, therapists, psychologists, psychiatrists, clergy, and others.

People with Other Special Skills

including computer specialists, translators, health educators, epidemiologists, biologists, chemists, and others.

Volunteers to provide basic support services.

Volunteers Make the Difference

Call (330) 926-5774
for more information

Brochure design by Kathy Coleman, Summit County Health District

SUMMIT COUNTY MEDICAL RESERVE CORPS

A Volunteer Group of Health Care Professionals Serving Summit County's Disaster Response Needs



WHAT IS THE MEDICAL RESERVE CORPS?

The Medical Reserve Corps (MRC) is a volunteer group that brings health care professionals and others together to support local public health, emergency and medical services.

As the events of September 11th unfolded, many Americans reacted by offering to help. In order to provide the rapid response needed in a disaster, volunteers must be trained and organized.

A key function of the MRC is to provide members with specialized training and preparation.



WHO CAN VOLUNTEER?

The Summit County Medical Reserve Corps is looking for two types of volunteers:

- ◆ Medical and health care professionals with an active license from all health occupations, including those who are practicing, retired or non-practicing.
- ◆ Support volunteers who do not perform medical care, but who are essential to emergency health care response.



WHAT DO VOLUNTEERS DO?

Volunteers are needed for both emergency and non-emergency purposes. During a large scale emergency, participation may include treatment of victims of a mass disaster or epidemic. Volunteers may be asked to help staff an emergency vaccination clinic or pharmaceutical distribution site.

During times of non-emergency, volunteers will receive emergency preparedness education and training and have the chance to serve as public health ambassadors. Activities might include assisting with flu clinics, providing educational sessions on special topics and promoting immunization campaigns.

HOW DO I VOLUNTEER?

It's easy!

Please visit www.serveohio.org to register as an MRC volunteer or to learn about other volunteer opportunities.



Questions?

Please contact

Marlene Martin, MRC Coordinator
Summit County Health District
1100 Graham Road Circle
Stow, Ohio 44224
mmartin@schd.org
(330) 926-5774

"I strongly encourage all of you—all able medical and health professionals, even ordinary citizens who can help with non-technical tasks—to join your local Medical Reserve Corps unit."

Richard Carmona, MD, MPH, FACS
Surgeon General
US Department of Health and Human Services

"We ask you to help us build the best possible volunteer medical and public health corps. By strengthening our communities, we also strengthen our nation."

Tommy G. Thompson, Secretary
US Department of Health and Human Services

Steps to Becoming a Preparedness Pal

- 1. Identify your Preparedness Pal.** Ideally, you should pick **TWO** pals—one that lives nearby and one that lives farther away (i.e. out of state). The far away pal will serve as a backup in case your near by pal cannot reach you.
- 2. Discuss the Preparedness Pal Program with your pal.** Make sure you both understand your responsibilities during an emergency and are willing to carry out these responsibilities.
- 3. Complete and review the information on the Preparedness Pal form with your pal.** Make a copy of the form for your pal to take home. Make sure your pal knows where you will keep your form.
- 4. Be ready by making sure you have an emergency preparedness kit,** know how to shelter in place and prepare for pets during an emergency.
- 5. Review and update your Preparedness Pal information** at least 1 time per year with your pal.
- 6. Spread the word** about the Preparedness Pal program!

Be prepared for emergencies by making sure you have an emergency preparedness kit and know how to shelter in place. For more information, please visit www.ready.gov.

And don't forget to prepare for your pets during an emergency.



Emergency Checklist

Once you have picked your two Preparedness Pals, it is time to make a kit of items you will need in an emergency. Once you have collected these items store them where you can find them quickly.

- ☞ Water and Food
- ☞ Hearing Aid, Cane, Glasses, etc.
- ☞ Medicines
- ☞ List of Medications
- ☞ Flashlight and Batteries
- ☞ Hand operated can opener
- ☞ Battery operated weather radio
- ☞ Toothpaste, toothbrush, soap and deodorant
- ☞ First Aid Kit

For questions or concerns regarding the Preparedness Pal Program, please call the Summit County Emergency Management Agency at
(330) 643-2558

PREPAREDNESS PAL PROGRAM



Your Emergency Plan



County of Summit · The High Point of Ohio



MY INFO:

Fill in your preparedness information so it is available in case of an emergency!

Name: _____

Phone Number: _____

Email: _____

Address: _____

Workplace: _____

Work phone: _____

Medical Conditions: _____

Medications: _____

FAR AWAY PAL

Name: _____

Phone Number: _____

PREPAREDNESS PAL PROGRAM OVERVIEW

The Preparedness Pal Program

- Will support people who have partnered to help others during an emergency.
- During an emergency the Preparedness Pals will check on each other to make sure they are safe and do not need any help.
- The “pal” should be a friend or family member who is trusted by the person and who is educated on the Preparedness Pal Program.
- The Preparedness Pal will also use the relationship to help their friend get ready for an emergency. Help your Pal be ready to be self sustaining for 72 hours.
- The Preparedness Pal Program offers individuals a way to be prepared during an emergency.

Preparedness Pal Program Partnerships

Summit County Emergency Management Agency

Summit County Public Health

American Red Cross

County Animals Rescue and Evacuation

Direction Home Akron Canton Area Agency on Aging

Alcohol, Drug Addiction and Mental Health Services Board

Private Citizens

For questions or concerns regarding the Preparedness Pal Program, please call the Summit County Emergency Management Agency at (330) 643-2558.

MY NEARBY PAL'S INFO:

Fill in your Nearby Pal's preparedness information so it is available in case of an emergency!

Name: _____

Phone Number: _____

Email: _____

Address: _____

Workplace: _____

Work phone: _____

Medical Conditions: _____

Medications: _____

 Summit County Emergency Management & Justice Affairs

 @summitcountyema